

# Ultimate Capsules & Tablets

## BEYOND JUICE™ TWIN PACK

The USDA and National Institutes of Health recommend five to nine servings of fruits and vegetables per day. Unfortunately, about 70% of Americans do not get the recommended amounts of fruits and vegetables daily. Beneficial nutrients in Fruit fx™ and Veggie fx™ are made up of “phytonutrients” and these nutrients have complex functions.

- FLAVONOIDS – Plant chemicals that act like antioxidants
- SAPONINS – Complex plant nutrients
- PHENOLS – Organic compounds in fruits and vegetables
- CAROTENOIDS – Vitamin A-like compounds
- ISOTHIOCYANATES – Sulphur containing compounds
- DIETARY FIBER – to support regularity
- GLUCOSINOLATES – found exclusively in cruciferous vegetables
- PHYTOESTROGENS – natural estrogens that help maintain normal hormone levels

*“The average person suffers from an annual fruit and vegetable deficit ranging from a low of 219 servings to a high of 1,679 servings.”\**



Item# 23602 - 1 month twin pack  
Item# 23601 - 3 month supply



Supplement Facts		Fruit fx™
Serving Size: 2 Capsules		Servings per Container: 30
Amount per Serving	% Daily Value**	
Proprietary Blend of Juiced Fruits	900 mg	*
Orange juice powder, pineapple juice powder, cranberry juice powder, strawberry juice powder, grape juice powder, blueberry juice powder, plum juice powder, apricot juice powder, cherry juice powder and blackberry juice powder.		
* Daily Value not established		
**% Daily Values are based on a 2,000 calorie		

Other ingredients: Vcaps™ capsules of plant origin.

Supplement Facts		Veggie fx™
Serving Size: 2 Capsules		Servings per Container: 30
Amount per Serving	% Daily Value**	
Proprietary Blend of Juiced Vegetables	900 mg	*
Cabbage juice powder, carrot juice powder, spinach juice powder, tomato powder, parsley leaves powder, broccoli powder, beet juice powder, garlic powder, brussel sprout powder, kale powder, asparagus juice powder, wheat grass juice powder and cauliflower juice powder.		
* Daily Value not established		
**% Daily Values are based on a 2,000 calorie		

Other ingredients: Vcaps™ capsules of plant origin.

# FRUITS & VEGGIES

\* These statements have not been evaluated by the FDA. This is not intended to diagnose, treat, cure or prevent any diseases.